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of the Pacific Fitness line of quality strength training machines, which let you target specific muscle groups to achieve better muscle tone and overall body conditioning. To maximize your use of the equipment, please study this guide thoroughly. Unpacking the Equipment The Zuma is carefully tested and inspected before shipment.

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Zuma Leg Press Option Assembly Instructions page 2
IMPORTANT SAFETY INSTRUCTIONS Important Safety Instructions
Important Safety Instructions Before beginning any fitness program, you should obtain a complete physical examination

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from your physician. ... read this guide thoroughly and follow the assembly instructions.

Zuma Leg Press Option - Fitness Equipment

Zuma Leg Press Option Assembly Instructions 1. Attach the Leg Press to the Zuma Important: Raise the Press Arm to get it out of the way before you assemble the Leg Press Option. If the optional Shroud is attached, remove it. Page 8: Attach The Seat Frame To The Leg Press Zuma Leg Press Option Assembly Instructions 2.

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